

Arizona Community College Athletic Conference

Cross Country Meet September 28, 2007 Information Sheet

Site:

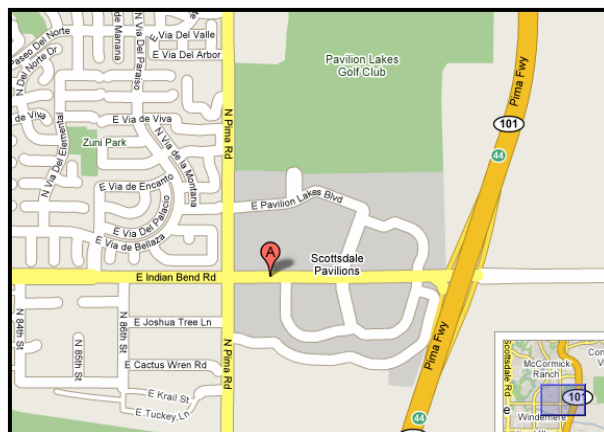
Pavilion Lakes Golf Club
8870 East Indian Bend Road
Scottsdale, Arizona 85250

Date:

Friday, September 28

Directions:

The course is located west of the LOOP 101-Pima Fwy at Indian Bend Rd. The entrance is partially obscured by the Pavilion Lakes shopping plaza located on the north side of Indian Bend. Persons can enter the course from the shopping plaza parking area or it can also be reached via E. Pavilion Lakes Blvd off N. Pima Rd.



Course Description:

The entire Pavilion course is run on a grass surface. It is a fast, flat course with minimal non-grass dirt surfaces. The starting and finish areas are in the same general location north of the club house along the cart path toward the back nine holes (see course map letter A). **SPIKES ARE PERMITTED ON THE COURSE; HOWEVER RUNNERS AND SPECTATORS ARE NOT PERMITTED ON THE COURSE GREENS, TEE BOXES OR FRONT NINE HOLES. THE COURSE WILL BE CLOSED UNTIL RACE DAY.**

Finish Line/Scoring:

The finish line and scoring will be computer generated. The results will be available for inspection within a short time after the finish.

Although each school may enter as many runners into the meet as they choose, only the first seven runners on any one team may be used in team scoring. The total of the lowest five (5) runners will comprise the score for each team (a team's 6th and 7th runners serve to increase the score of their opponents).

Team Awards:

A plaque will be awarded to the winning team in each race.

All-Conference Team:

Seven first team, seven second team, and seven honorable mention runners shall be named to the All-Conference Teams and will receive certificates.

Entries:

ENTRIES ARE DUE BY MONDAY, SEPTEMBER 24. Coaches must enter runners online at www.wingfootfinish.com. Coaches may enter as many runners as they want, but they may not add to the school's entries after the due date.

Check in:

All teams must check-in prior to race time. Check in will be located at the start/finish line area. Teams will pick-up their runners' tags, box assignments and other course materials at check-in. Check-in will be from 7:00AM – 8:30AM.

Starting Information:

The starting area is located north of the club house along the car path toward the back nine holes of the course. Regular calls will be made announcing start times. It is the runner's responsibility to be at the start at the proper time. An official starter will explain starting and course procedures to the runners approximately 5 minutes prior to the start of each race.

Scoring Tags:

Each competitor must wear their scoring tag on the front of their singlet. Scoring tags will be collected at the finish line.

Athletic Training Services:

Two ATCs will be available on site, one at the finish line area. The ATC staff will provide water and ice to the runners. Please coordinate any special needs with host ATC Rick Wade at 602-787-7167.

An emergency vehicle and team will also be on site unless called to another emergency.

Schedule of Events:

Friday, September 28, 2007

6:00 AM

Course open for inspection and practice

7:00 AM – 8:30 AM

Check-in/Packet Pick-up for all teams

9:00 AM

Men's 8k Race

9:45 AM

Women's 5k Race

Awards Ceremony:

The Award Ceremony will be held at the tent adjacent to the finish line. **The presentation of the men's awards will begin 10 minutes after the completion of the women's race and will be followed, without delay, by the presentation of the women's awards. Teams and individuals should plan their cool down activities accordingly to ensure that they receive their awards/honors. The awards presentation will not be held for team or individual absences. IN THE INTEREST OF SPORTSMANSHIP, ALL TEAMS ARE STRONGLY RECOMMENDED TO ATTEND THE PRESENTATION OF AWARDS.**

Parking:

Event parking is available in the lot adjacent to the clubhouse. Busses should park away from the main traffic flow/pattern to surrounding businesses.

Course Maps:

Maps of the course will be available on-line at the Region I Cross Country site at www.maricopa.edu/cctf/ccnews.html prior to the event and will be included in your race day packet.