

## WONDERING IF YOUR HEALTH CARE EXPENSE QUALIFIES FOR REIMBURSEMENT?

### What Qualifies?

- Acne medication
- Acupuncture
- Alcoholism and drug addiction treatment
- Allergy medications (including oral OTC medications, nasal sprays)
- Ambulance service
- Artificial limbs
- Artificial teeth
- Breast reconstruction (following a mastectomy for cancer)
- Birth control pills
- Chiropractor fees
- Copayments/deductibles for medical services not reimbursed by insurance
- Contact lenses, saline solution, enzyme cleaner
- Dental treatment/orthodontia expenses (including copays, deductibles, non reimbursed expenses)
- Eyeglasses (including exam fees) and eye surgery (refractive eye surgery, cataracts)
- Fertility enhancement medical expenses
- Guide dog care and expenses
- Hearing devices and batteries
- Insulin
- Lab fees
- Nursing home fees and services (limitations apply)
- Over-the-counter medicines (OTC) for the treatment of a specific medical condition (cold medicines, antacids, antibiotic creams/ointments, anti-fungal medications, anti-diarrhea medications, anti-itch medications, arthritis pain relieving creams, nausea medication, medicated shampoo for psoriasis/lice, hemorrhoid medications, swimmer's ear medication)
- Oxygen
- Psychiatric care
- Psychologist fees (excludes marriage and family counseling)
- Smoking cessation programs
- Transportation costs paid for transportation primarily for, and essential to, medical care
- Weight-loss programs if it is a treatment program for a specific disease diagnosed by a physician (such as obesity, hypertension, or heart disease). Must have a prescription from your physician to reimburse. Cannot be for general health improvement.
- Wheelchair
- Wigs (if hair loss is due to a disease or treatment)

## What Does Not Qualify?

- Cosmetic surgery and procedures
- Dental bleaching
- Marriage and family counseling
- Amounts paid for health insurance premiums
- Amounts paid for long-term care coverage or expenses
- Amounts that are covered under another health plan
- Personal use items
- Certain items require a physician's letter of medical necessity or a prescription

## Not sure if your expense qualifies?

Contact your tax advisor regarding specific items you would like to reimburse through your flexible spending account.

**Note:** The above items are subject to change according to IRS regulations and/or updates. This list does not include all items that may be reimbursable through your flexible spending account.