



Maricopa Community Colleges Schedule of Preventive Care

The following preventive services have been adopted based upon Institute for Clinical Systems Improvement (ICSI) approved guidelines.

The MCCCCD benefit plan covers these services in network at 100% for preventative reasons only, with no coverage available out of network.

Age Range	Preventive Care Service
Birth – 10 years 9 – 26 years of age	<ul style="list-style-type: none"> ▪ Expanded newborn screen (blood) ▪ Evoked otoacoustic emissions (EOAE) once at birth ▪ Lead level ▪ Hemoglobin or hematocrit between 6-12 months ▪ Immunizations and tuberculin skin testing ▪ HPV (human papilloma virus), series of 3 injections (female)
11 years and over	<ul style="list-style-type: none"> ▪ Papanicolaou smear annually (women) ▪ Chlamydia gonorrhea, and syphilis screen (women) ▪ Immunizations and tuberculin skin testing
Beginning at Age 35	<ul style="list-style-type: none"> ▪ Mammogram annually (women) ▪ Skin Cancer Screening annually ▪ Lipid panel once every 5 years
Beginning at Age 35	<ul style="list-style-type: none"> ▪ Colorectal Cancer Screen Options (one of the following): <ul style="list-style-type: none"> ○ Fecal occult blood test annually (series of three) ○ Barium enema annually
Beginning at Age 40	<ul style="list-style-type: none"> ▪ CBC (Complete Blood Count) annually ▪ Glucose Screening once every 3 years
Beginning at Age 45	<ul style="list-style-type: none"> ▪ Osteoporosis screen every 5 years – full body DEXA scan(women) ▪ Prostate Specific Antigen (PSA) test annually (men)
Beginning at age 50	<ul style="list-style-type: none"> ▪ CT Colonography every 5 years ▪ Colonoscopy once every 5 years ▪ Shingles Zoster
Between Age 65-75	<ul style="list-style-type: none"> ▪ Abdominal Aneurysm screen one time only (men & women)

Some of these same tests may be available for diagnostic or medical necessity reasons. Those tests will be covered at the specified coinsurance rates.